

WALKING GROUP

STARTING MAY 4th!

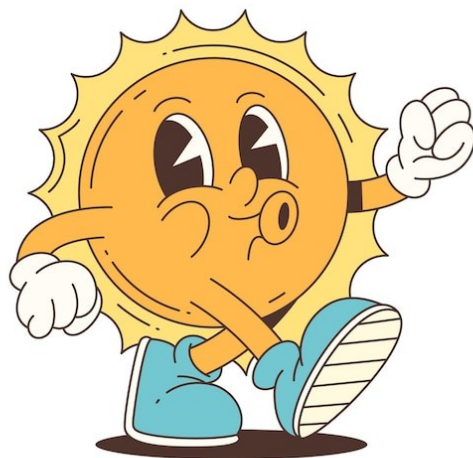
ALL PACES WELCOME. FRESH AIR, GOOD COMPANY.

MOVING TOGETHER — ONE STEP AT A TIME.

WHO: EVERYONE WELCOME!

WHEN: MONDAYS AND TUESDAYS 12:30 TO 1:30 PM

WHERE: MEET AT THE KITSUMKALUM HEALTH CENTRE



QUESTIONS? CALL ROD @778-702-0613