

January 14, 2021

COVID-19 Cases in Kitsumkalum

There are positive COVID-19 Omicron cases in Kitsumkalum and exposures have occurred in some buildings in the community.

Kitsumkalum has taken great steps to reduce the case count as much as possible, and continues to do so among all departments.

Kitsumkalum Head Start and Daycare will be closed and switching to their outreach program to the end of January 2022. This is a proactive decision, so as to avoid unexpected closures due to exposure and lack of staff.

Reminder to:

- Continue to follow the the Provincial Health Orders. They are in place to help stop the spread of COVID-19.
- Wear a mask in all indoor public settings - minimize the risk of transmitting COVID to others.
- Social distance - keep at least 6ft apart from others in public settings.
- Sanitize - wash and sanitize your hands and shared spaces.

Personal gatherings:

Indoor personal gatherings at your home or vacation accommodation are limited to your household plus 10 visitors or 1 other household. Everyone 12+ must be fully vaccinated.
There are no restrictions for outdoor personal gatherings.

It's encouraged to keep personal gatherings as small as possible and stick to the same group of people.

In addition to the orders, the PHO strongly recommends:

- Keep personal gatherings as small as possible
- Stick to the same group of people and only with those you know are fully vaccinated
- Outdoor gatherings are safer than indoor
- Reduce social interactions
- Ensure proper ventilation indoors by opening windows
- Avoid all travel, if you're not fully vaccinated
- Follow the current federal travel advisory
- Stay home if you feel sick

Stay informed on the Provincial Health Orders and read full details at www2.gov.bc.ca and our website www.kitsumkalum.com. Watch for updates through our E-News (subscribe by emailing info@kitsumkalum.com), and social media pages - @Kitsumkalum on Facebook and Twitter.

Kitsumkalum Health: 250-635-6172 OR 250-641-1553; director.health@kitsumkalum.com

Northern Health COVID-19 Online Clinic and Information Line: 1-844-645-7811

HealthLink BC: 8-1-1; Hard of hearing/deaf: 7-1-1

First Nations Health Authority Information: www.fnha.ca/about/news-and-events/news/information-on-novel-coronavirus