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Continue to Follow Provincial Health Orders

March 30, 2021

Announced Monday, March 29th, 2021 at 2:00 pm by Provincial Health Officer Dr. Bonnie Henry - restrictions have been increased to help break the chain of COVID-19 transmission. www2.gov.bc.ca/covid19restrictions

Kitsumkalum Community is asked to continue following the Provincial Health Orders:

- **Avoid all non-essential travel**
- **Socialize with your household only**
- **Masks are mandatory in indoor public places**
- **No events or gatherings**
- **Social distance**
- **Wash and sanitize your hands**

With the long weekend and holiday coming up Kitsumkalum EOC would like to remind you to stay the course and help stop the transmission of the virus. Follow the restrictions to keep our community and surrounding communities safe.

Kitsumkalum Health Centre:
250-635-6172; director.health@kitsumkalum.com

Northern Health COVID-19 Online Clinic and Information Line: **1-844-645-7811**
HealthLink BC: **8-1-1**; Hard of hearing/deaf: **7-1-1**