



Kermode Friendship Society

Registered with Revenue Canada as a "charitable organization"
4714 Park Avenue, Terrace, B.C. V8G 1W1
Phone 250-635-4906 Fax 250-635-1485

Please join us for our drop in groups:

Pregnancy Outreach Program (POP)

Tuesdays, 10 am - 12 pm

Pregnancy Support Group. Provides support and information on pregnancy and infancy. For families with babies 0-2years.

Parent Child Drop In (PCDI)

Thursdays, 10 am -12 pm

Cultural and parenting activities and support for parents and their children. Provides families the opportunity to bond and develop skills. For families with children 0-6 years old.

Kermode Outreach Group (To start Jan. 2020)

Wed 1-3 pm/Fri 9am -12m@ [Suwilaawks School](#). Encourages parents to interact with their children, develop skills, and connect to school. For families with children 0-6 years. (During school year).

We have Parent Support Workers which include a Pregnancy Outreach Worker, and an Infant Development Worker who are able to assist in advocacy, referrals, goal setting, individual supports, and home visits.

All information shared is confidential.

All cultures are welcome.



November 2019

Sun Mon Tue Wed Thu Fri Sat

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|---|----|--|----|---|----------|-----------|
| Groups & Times are Subject to Change | | | | | 1 | 2 |
| Please check our FB page for updates: | | | | | | |
| Kermode Baby-house | | | | | | |
| 3 | 4 | 5 Exercise & Pregnancy 10-12 | 6 | 7 Family Mapping 10-12 | 8 | 9 |
| 10 | 11 | 12 Milestone 10-12 | 13 | 14 Aboriginal Family 10-12 | 15 | 16 |
| 17 | 18 | 19 Contraception/ Birth Control 10-12 | 20 | 21 Craft Day 10-12 | 22 | 23 |
| 24 | 25 | 26 Literacy & Toddlers 10-12 | 27 | 28 Fire Safety 10-12 | 29 | 30 |