



## Check out our lineup of free workshops in Mayl!

## Wednesday, May 1<sup>st</sup>

**Resume Tips & Strategies** 

9:30am-12:00pm

Discover ways to make your resume stand out.

**Cover Letter Tips & Strategies** 

1:15pm—3:15pm

Explore the components of a well-written cover letter.

Wednesday, May 8<sup>th</sup>

**Using Labour Market Information to Find Jobs** 

9:30am-12:00pm

Learn how to mine the hidden job market for opportunities.

How to Succeed at Test Taking & Filling Out Applications

1:15pm-3:15pm

Use these easy tips to sharpen your skills and improve your performance.

Wednesday, May 15<sup>th</sup>

**Interview Tips & Strategies** 

9:30am—12:00pm

Discover answers to the questions most employers ask.

**Interview Practice** 

1:15pm-3:15pm

Seize this chance to practice your interview skills, before the real thing!

Wednesday, May 22<sup>nd</sup>

**Our Most Successful Job Search Techniques** 

9:30am-12:00pm

Discover our best tips to help you find work.

Disclosing Disability & Mental Health Conditions in the Workplace

1:15pm-3:15pm

Explore when, if, and how to disclose a disability or mental health condition to potential employers.

To register in any or all of these free workshops, call (250) 638-8108 or speak to our staff at the Reception Desk





