

Crisis Coverage Numbers

Kitsumkalum Health Centre: Monday-Friday, 8:00 am - 4:00 pm

T: 250.635.6172 | F: 250.635.6182 | E: reception@kitsumkalum.bc.ca

www.kitsumkalum.com/health-centre/

The Centre will be closed for the Christmas Holidays Dec. 22, 2018 to Jan. 6, 2019

Emergency: 911
Suicide: 911
RCMP:.....250.635.7400
Mills Memorial Hospital:250.635.2211

Crisis Line Phone Numbers:

Kuu'us (24 hrs).....	1-800-588-8717
Crisis Line	1-800-784-2433
Native Youth Crisis	1-877-209-1266
Teen Line	1-888-564-8366
Youth in BC.....	1-866-661-3311
Adult/Elders	1-250-723-4050
Crisis Line (Northern).....	1-888-562-1214
Mental Health Information Line (no area code required)	310-6789
Children's Help Line (no area code required)	310-1234
Transition House/Shelter	250-635-6447
Ministry of Child and Families.....	1-800-663-9122
K'san House Society (Domestic Violence)	250-635-2373
Text	250-641-7223
Hot Line	250-635-6447
Terrace Emergency Shelter 2812 Hall Street, Terrace, BC	250-635-5890
Mental Health Counselling	1-800-784-2433
Northwest Inter-Nation Family and Community Services Society	1-888-310-3311
FAST: Suicide Prevention/Postvention	250-842-5165
Office Hours (Holiday) Dec. 24th 2pm & 27th, 28th, 31st 10:00 am - 2:00 pm	
After Hours (Cell)	778-202-1428