

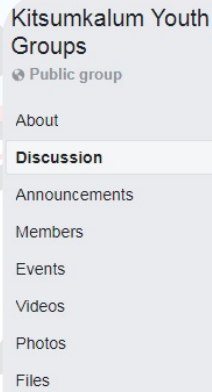
# YOUTH group

## OCTOBER Ha'lilaxsigaboox *Time for getting Cockles*

### October 2018 | Kitsumkalum Youth Group Newsletter

Hey Kitsumkalum! Thank you for welcoming me back to the Youth Coordinator position. I had a solid summer working in the bush, at tree planting camp. Thank you to Ocean for continuing with Junior Youth Group throughout the summer!

I feel very grateful to serve the community. It really is an honour to be in this role of working with the youth. I intend to link access to programs that support each person to know who they are, what their gifts are and encourage active sharing of these gifts with those around them and the world!



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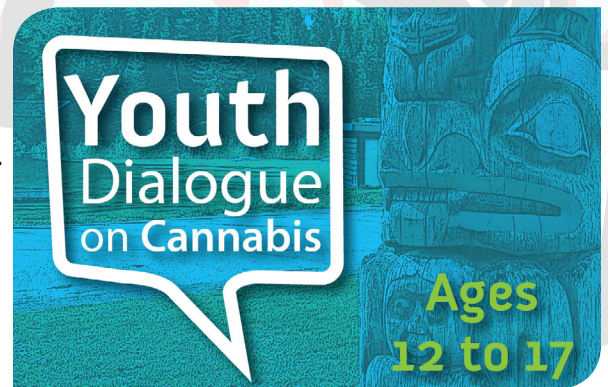
With some experience planning activities for the community last year, it has become clear that in order to offer regular youth programming we need the space to do so. I'm working on finding space that we can have regular access to.

As always, check out the Kitsumkalum Youth Groups page on Facebook for the latest news. If you don't have Facebook, send Britt an e-mail to receive a monthly Calendar of Youth Events by e-mail.

#### **New and Exciting! / On the Table:** **Senior Youth Group (ages 12-17)**

\*Location: TBA\* will start meeting on the first Friday of each month for Youth and Elders Bannock and Tea (*starting November 2nd*), and the last Friday of every month for Senior Youth Group (*starting Friday October 26*). Bring yourself and your story.

**Youth Open Dialogue on Cannabis** will be held on October 26 for ages 12-17. You are invited to come talk about what you know, and ask questions about marijuana and its legalization for adults 18 years and older.



Interested in traveling to Port Alberni March 19-22, 2019 for the annual [Gathering Our Voices: Indigenous Leadership Training](#)?! (Ages 14-17 and 18-24 [24+ as a chaperone]) Tell Britt you are interested as soon as possible! Registration is to be submitted **October 15**.

**Youth Action Team (ages 18-30)** is a pilot project which will gather and mobilize young people to get educated, share ideas, ask questions and serve in the community. Each month we can have 3 sessions of about 2-5 hrs each: one training session about the Indigenous history in Canada we don't learn enough about in school, one community project planning session and one action session. Application deadline is October 12. E-mail Britt to apply! First training session on Lateral Violence is Saturday October 20 from 10am-3pm \*Location TBA\*

**Junior Youth Group (ages 5-11)** will continue on Tuesday evenings but at a new time, 4pm-6pm. Snacks only, rather than a full dinner will be provided unless otherwise presented. Welcome Back to youth group after Britt's planning month of

September will be October 2nd. Meet at the hall for Run, Jump, Throw, Wheel – practicing the fundamentals of physical literacy and activity that will give you access to virtually any sport through out your life! Basketball – play, practice, excel! Soccer – play, practice, excel! For each of the above activities, be sure to come prepared with proper running shoes and a water bottle. If a child under the age of 5 or with special needs would like to come to Junior Youth Group, they must be accompanied by a support person.

**Community Roles to Fill:**

**Bannock Maker!** – The first Friday of each month, give your time to purchase supplies, and teach youth how to make bannock. 3 hrs per month. E-mail Britt to get on board!

**Elders** to be present at Junior Youth Group Welcome Back, October 2, as well as Bannock and Tea November 2, 4-6pm, December 7, 4-6pm. Honorariums offered.

**Drummer/Singer/Dancer** – Teach Junior Youth Group (ages 5-11) traditional dance approx. one day (2 hrs) per month Honorariums offered.

**Youth Action Team Recruiter** – encourage young people to connect and engage by applying for a position on the YAT



**Back up Junior Youth Group Helper** – the lovely young Aly Guno has gotten involved helping out with Junior Youth Group. So so awesome! We also need another couple youth and/or parents to be available to support if Aly could not one day. Junior Youth Group attendance has been as many as 24 children! Honorariums offered.

**Community Youth Programs Consultant** – bring a whole community perspective to offer Britt feedback on youth programing and cultural relevance.

Blessings,

Britt McDougall, Kitsumkalum Youth Coordinator

Find the OCTOBER Calendar of Youth Group events on our website!  
[www.kitsumkalum.com](http://www.kitsumkalum.com)

KITSUMKALUM						
<b>YOUTH group</b>  Kitsumkalum Youth Groups						
<b>OCTOBER Ha'lilaxsigaboox</b> <i>Time for getting Cockles</i>						
SU	MO	TU	WE	TH	FR	SA
	1	<b>2</b> Junior Youth Group Welcome Back! Run, Jump, Throw, Wheel at HALL 4:00 pm - 6:00 pm	3	4	5	6
7	8 New Moon STAT Holiday Thanksgiving	<b>9</b> Junior Youth Group Basketball Location - TBA 4:00 pm - 6:00 pm	10	11	<b>12</b> Youth Action Team Deadline to APPLY for YAT 4:00 PM Deadline to Apply to Gathering Our Voices	13
14	15	<b>16</b> Junior Youth Group Cooking with Welodie & Andrea at HALL Dinner Provided 4:00 pm - 6:00 pm	17	18	19	<b>20</b> Youth Action Team 1st Meeting! Training w/Annita McPhee All Community Welcome at HALL 10 am - 3:30 pm
21	22	<b>23</b> Junior Youth Group Soccer at HALL 4:00 pm - 6:00 pm	24 Full Moon	25	<b>26</b> Senior Youth Group (Ages 12-17) 4-6pm Location TBA Youth Dialogue on Cannabis KK Health Centre 1pm - 3pm	27
28	29	<b>30</b> Junior Youth Group Field Trip Surprise! Meet at HALL 4:00 pm - 6:00 pm	31	 Brittany McDougall, Youth Coordinator Kitsumkalum Band - Employment & Training Centre E: youth.kitsumkalum@gmail.com C: 250.615.2637 <a href="http://www.kitsumkalum.com">www.kitsumkalum.com</a>		



Brittany McDougall, Kitsumkalum Youth Coordinator

E: youth.kitsumkalum@gmail.com  
 C: 250.615.2637

**Working Hours:**

Tuesdays 8:30am-6:30pm

Wednesdays 8:30am-4:30pm

*As needed for planned activities throughout the week*