

KITSUMKALUM

YOUTH group

APRIL

Ha'lilaxis'waanax Time for getting Herring Roe

April 2018 | Kitsumkalum Youth Group Newsletter

Hey Kitsumkalum! Hope you are all transitioning well into the spring. I am coming into my 6th month serving you as a community. I feel lucky to spend time with such beautiful and alive youth. You each have so much to offer this community and the world. In the face of challenges, continue persevering, discovering, asking questions and sharing your true selves with us all.

CALL FOR CULTURE CAMP COMMITTEE – APPLY TO ADVISE

Culture Camp Committee is starting up this month! We will meet every **Wednesday** starting **April 4th** from **1pm-2pm** in the Band Office basement with the next meeting on **April 11th** at **4pm-5pm**. Help plan a summer camp for youth to explore and live Tsimshian culture such as: smoking fish, preparing traditional food, cedar weaving, drumming and dance. Open to all interested in supporting the practice of Kitsumkalum Culture and working as a team. Stipends available.

FOR JUNIOR YOUTH 5-11 yrs.

Junior Youth Group still meets every week! Youth ages 5 – 11 are all welcomed to join us at the hall, every **Tuesday Evening** from **5-7pm**. I'm working on managing time better, please forgive me for being late sometimes. I try to give a heads up if we are late. :)

FOR SENIOR YOUTH 12 – 18 yrs.

APRIL 4th & 5th – Workshop with space for 2 Kitsumkalum youth:
GRASP – Getting Real About Suicide Prevention is a fun and interactive gatekeeper training program for students grades nine and above interested in skills to be effective peer helpers. GRASP will help you understand your own strength and help others find theirs. Contact Britt if you're interested in attending.

FOR SENIOR YOUTH 12 – 18 yrs.

April 21st 2:00pm-5:00pm - meet at Kitsumkalum Hall for a Terrace Mountain Hike. We will brainstorm about upcoming projects and talk about anything you need to get off your chest. What's going on at school, at home? Message me on Facebook or send an e-mail to register. Let me know if you need a ride to meet at the hall.

FOR YOUTH AGES 11 +

You are welcome to join **Kitselas Youth** at **basketball practice** at the **Thornhill gym** **Mondays 6:30pm to 8:30pm** and **Thursdays 4:30pm to 5:30pm**. Transportation must be organized independently, contact me if you want to go but need transportation.

FOR ALL YOUTH: What Do You Want To Do This Summer?

Summer Break is fast approaching! We want to hear what you're interested in doing this summer! Take the poll in **Kitsumkalum Youth Groups** on Facebook before **April 15** to have your vote and make



Junior Youth Group and Chaperones Checking out Eulachons!



requests for activities. Some ideas include: guitar lessons, gymnastics, First Nations art, taekwondo, drum making, fishing, paint balling etc. Take the poll OR send me an email with your ideas!

FOR EVERYONE: Elders, Youth, Families

Want to build a Heart Garden in May to honor residential school survivors? "Each heart represents the memory of a child lost to the residential school system, and the act of planting represents that individual's commitment to finding their place in reconciliation. In 2017, more than 4500 hearts were planted in gardens across Canada." Read more: <https://fncaringsociety.com/honouring-memories-planting-dreams>

FOR ALL YOUTH

April 20 – 21 - Art of the North 2018 The first and second year Freda Diesing School of Northwest Coast Art students are pleased to bring you this very special annual exhibit and sale. Pieces include various carved pieces from masks to paddles and more. Everyone is welcome. Admission is free. Holla if you want to come and need transportation or if you're able to provide transportation to others who may be interested!

FOR ALL YOUTH AND FAMILIES INDIAN MEDICINE WORKSHOP

Stay tuned for the release of details and specific age group. Message Britt with questions.

For Elders & Artists STORYTELLING ART WORKSHOP

Shout out to Elders and Artists in Kitsumkalum who may be interested in participating in a **Storytelling Art Workshop** this summer in July. Interested? Let me know, send a message and stay tuned.

T'oyaxsut 'nūin! - Thank you - Brittany McDougall, Kitsumkalum Youth Coordinator

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SU	MO	TU	WE	TH	FR	SA
1 Easter Monday April Fool's Day	2 Basketball with Kitselas Youth Every Monday 6:30pm-8:30pm Thornhill Gym	3 Junior Youth Group Outdoor Games Meet at Hall 4:55PM	4 Culture Camp Committee MTG 1:15-2:15pm Band Office Getting Real About Suicide Prevention - Training for Youth 9am-4pm	5 Getting Real About Suicide Prevention - Training for Youth 9am-4pm Basketball w/Kitselas 4:30-5:30pm	6	7
8	9 Basketball w/Kitselas 6:30-8:30pm	10 Junior Youth Group Basketball at the Hall 5-7pm	11 Culture Camp Committee MTG 4-5pm Band Office	12 Basketball w/Kitselas 4:30-5:30pm	13	14
15	16 New Moon Basketball w/Kitselas 6:30-8:30pm	17 Junior Youth Group Bowling Meet at Hall 4:55pm	18 Culture Camp Committee MTG 4-5pm Band Office	19 Basketball w/Kitselas 4:30-5:30pm	20 April 20th 6pm-9pm & 21st 10am-4pm Freda Diesing Art Exhibit Call if you need a ride	21 Indian Medicine Making Workshop 10am-2pm at Hall Senior Youth Group Terrace Mtn Hike 2PM
22	23 Basketball w/Kitselas 6:30-8:30pm	24 Junior Youth Group Surprise! Meet at Hall 4:55pm	25 Culture Camp Committee MTG 4-5pm Band Office	26 Basketball w/Kitselas 4:30-5:30pm	27 Health Fair 10am-2pm KK Hall	28
29	30 Full Moon Basketball w/Kitselas 6:30-8:30pm			Basketball with Kitselas Youth Every Thursday 4:30pm-5:30pm Thornhill Gym	Brittany McDougall, Youth Coordinator Kitsumkalum Band - Employment & Training Centre E: youth.kitsumkalum@gmail.com T: 604.315.1868 www.kitsumkalum.com	

Find the APRIL Calendar of Youth Group events on our website!
www.kitsumkalum.com/kitsumkalum-youth-april-calendar/



Brittany McDougall, Youth Coordinator
Kitsumkalum Band - Employment & Training Centre

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Working Hours:
Tuesdays 8am-8pm
Wednesdays 8am-5pm